

## WHY GRIP IS DANGEROUS.

It is an Epidemic Catarrhal Fever Caused by a Bacillus that Generally Leaves the Patient Weak After the Acute Stage Has Passed.



Grip Patients Grateful to Peruna, the Expectorant Tonic.

Do not make the error of regarding grip as an exaggerated cold. There is a big difference between the two. Grip is an epidemic disease that poisons the vital organs. When a person has grip, the air passages are alive with millions of bacilli poisoning the blood. The infected person feels tired and exhausted.

## Peruna is a Tonic Laxative.

It requires a good tonic laxative to keep the body of the patient as strong as possible to counteract the effect of the poisons created by the grip bacillus. An expectorant tonic with some laxative qualities is the safest remedy. Such is Peruna. Beware especially of coal tar powders or tablets because they lessen the vitality of the patient.

There is no specific for the grip. Peruna has been used with good success in former grip epidemics. Indications point to the return of grip this winter.

Do not fail to read the experience of former grip patients with Peruna. Mrs. Gentry Gates, 8219 First Ave., East Lake, Ala., writes: "I had a bad case of grip. I tried Peruna and it cured me. I can safely say it is a fine medicine."

Mrs. Charles E. Wells, Sr., 230 South St., Delaware, Ohio, writes: "After a severe attack of a gripe I took Peruna and found it a good tonic."

Ask Your Druggist for Free Peruna Lucky Day Almanac for 1914.

## GAVE LESSON IN REVERENCE

Small Boy's Stern Rebuke to Bishop Whom He Suspected of Harboring Thoughts of Barter.

Bishop Thornton, when in Ballarat, was walking one fine Sunday morning with his favorite dog, a very intelligent retriever. The dog was performing all sorts of tricks: jumping over his master's stick, retrieving it from the water, and so on.

The bishop was aware of the wide-eyed interest of a small boy, who, with his nurse, was walking on the shore of the lake. The bishop recognized in him the son of a neighbor with whom he was on the best of terms, although the neighbor was a leading light of Nonconformity in the city.

To amuse this boy the bishop put the dog through the whole category of his tricks, and then said: "Now, isn't that a nice dog; and wouldn't you like to have one like him?" To which the small boy replied sternly, "Sir, I think you forget what day this is."—London Daily Citizen.

## Pleas for Patriotism.

"You should be patriotic and contribute your valuable services to your country without thought of pecuniary reward."

"I will," replied the official; "just as soon as a whole lot of people get patriotic enough to quit sending their bills to me."

You might as well give the devil his due. He gets up pretty early in the morning, anyhow.

The hen that cackles loudest doesn't always lay the biggest egg.

## SELF DELUSION.

Many People Deceived by Coffee.

We like to defend our indulgences and habits even though we may be convinced of their actual harmfulness.

A man can convince himself that whiskey is good for him on a cold morning, or beer on a hot summer day—when he wants the whiskey or beer. It's the same with coffee. Thousands of people suffer headache and nervousness year after year but try to persuade themselves the cause is not coffee—because they like coffee.

"While yet a child I commenced using coffee and continued it," writes a Wis. man, "until I was a regular coffee fiend. I drank it every morning and in consequence had a blinding headache nearly every afternoon."

"My folks thought it was coffee that ailed me, but I liked it and would not admit it was the cause of my trouble, so I stuck to coffee and the headaches stuck to me."

"Finally, the folks stopped buying coffee and brought home some Postum. They made it right (directions on pkg.) and told me to see what difference it would make with my head, and during that first week on Postum my old affliction did not bother me once. From that day to this we have used nothing but Postum in place of coffee—headaches are a thing of the past and the whole family is in fine health."

"Postum looks good, smells good, tastes good, is good, and does good to the whole body."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. Postum now comes in two forms: Regular Postum—must be well boiled. Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. Grocers sell both kinds.

"There's a Reason" for Postum.

## FIGHTING ANY DROUTH

Dust Mulch Becoming Chief Agent in Insuring Crops.

Lack of Knowledge Among Farmers is Cause of Many Heartrending Failures With Trees—Moisture Must Be Conserved.

I believe that in a state like that of North Dakota the dust mulch will become the chief agent for insuring to the farmer and gardener as sure a crop as any system of irrigation. The time has not yet come when the average farmer knows just what the dust mulch is, and, consequently, knows nothing of its use. Only last July I had this very forcibly brought home to me when, on a hot, dry day a friend of mine happened to remark that it was getting so dry that his boys would not cultivate his corn for fear it might dry out. I took the opportunity to tell him of my convictions in the matter, also to show him my own garden, consisting chiefly of tomatoes, corn and potatoes, writes O. C. Westley of North Dakota in the Northwest Farmer. This garden I kept well cultivated, not giving weeds a chance to sprout before I stirred the soil with a rake or hoe. I showed him, too, some little spots in some portions where the hoe or rake had not yet been after a little sprinkle. I called the attention to the cracks and told him of the pores and the work of capillarity until he was so convinced that he stepped into my house, called up his home, and ordered the boys out with the cultivator at once. This man is no fool, but he was simply ignorant of the mission of the dust mulch.

When setting out my tomatoes last spring I gave my neighbor some of my plants. He set them and they grew. But on came the dry summer. This neighbor had had a hand cart into which he set a barrel and hauled water from my well with which he watered his plants. I never watered mine. As the drouth increased I increased the depth of the mulch, until I had to get a prong hoe, with which I went to the depth of 5 to 6 inches. While I gave away several gallons, earned and ate all we wanted, and sold almost as much, my neighbor had scarcely a tomato.

What is really the chief cause for heartrending failures with trees among the so-called intelligent farmers? Is it not merely a lack of knowledge? It seems to me the matter should be made clear to all readers of all the blessed farm papers of today that the dust mulch is a means for conserving the moisture already in the ground, and also for increasing the capacity of the soil for receiving moisture when it rains. If the ground is naturally hard the roots of plants have a hard time to generate, and it stands to reason that such soils are benefited by deep cultivation. The very fact that a soil is hard indicates a lack of moisture.

Take a sugar loaf and dip it into colored water, noting how quickly it is saturated, showing the capillarity of a pressed together article. A lump of hard dirt might be used instead of the sugar, only the sugar shows it better. Put on top of this sugar loaf a little powdered sugar and note how much longer it takes the moisture to work up through it. You might understand this, but the average tillers of the soil do not.

We cultivate corn and potatoes, why not wheat? Not in the same way, of course, but the drag should be used at least once a week on all grain crops until they are too high to be benefited, or, rather, until tall enough to be injured by a good weeder. This will break up the cracks and pores and give to the whole surface that vital dust mulch. How would you be able to cover a field of 300 or 400 acres with a straw, peat or manure mulch? It would be an impossible task for want of help, to say nothing of its uselessness, when with a good, wide weeder and two horses you can do the same thing practically in four or five days.

With all the saturation of soils through a good, ordinary spring, coupled with a judicious use of the dust mulch, I believe North Dakota or any other state may defy any drouth.

## "Dry Farming."

"Dry farming" is a word used by agricultural colleges and scientists to distinguish the new system of farming from that used in the rain belt and irrigated districts. More than 60 per cent. of the farm lands in the entire world get an annual rainfall of less than 20 inches. Even where the rainfall is greater than that the worst fear of the farmer is periodical drouth, which withers the crops in the growing season. A special system of soil tillage in order to hold the annual rainfall for the use of these growing crops and to prevent evaporation is needed in all these districts, and the dry-farming congress was brought into existence for the purpose of working out this problem and finding the remedy.

## Attack on Dry Farming.

Dry farming is being pretty heavily attacked in the eastern papers and many who have gone back to the states report failure. The rear of an army is a poor place to get information in regard to a forward movement. There is just one way to learn the truth about dry farming, and that is to visit the country where men are doing the work and see whether the proposition suits one, both as to production and its cost.

## WONDERFUL GROWTH OF THE CANADIAN WEST

The Cities of Western Canada Reflect the Growth of the Country.

As one passes through Western Canada, taking the City of Winnipeg as a starting point, and then keeping tab on the various cities and towns that line the network of railways that cover the provinces of Manitoba, Saskatchewan and Alberta, and covering the eyes as the gaze is bent on these it is felt that there must be "something of a country" behind it all. Then gaze any direction you like and the same view is presented. Field after field of waving grain, thousands and hundreds of thousands of them. Farm hands and laborers are at work converting the virgin prairie with more fields. Pasture land in every direction on which cattle are feeding, thriving and fattening on the grasses that are rich in both milk and beef properties, but it is unfortunate that more cattle are not seen. That, however, is correcting itself. Here we have in a large measure, the evidence of the wealth that helps to build up the cities, and it should not be forgotten that the cities themselves have as citizens, young men who have come from other parts, and brought with them the experience that has taught them to avoid the mistakes of eastern and southern cities. They also are imbued with the western spirit of enterprise, energy and push, and so Western Canada has its cities. At a banquet recently given in Chicago, a number of prominent citizens of Winnipeg were guests. Among the speakers was Mayor Deacon of Winnipeg. In speaking of the remarkable growth of that city, which in thirty years has risen from a population of 2,000 to one of 200,000, he spoke of it as being the gateway of commerce and continued:

"Now, how great that tide of commerce is you will have some conception of when I tell you that the wheat alone grown in the three prairie provinces this year is sufficient to keep a steady stream of one thousand bushels per minute continuously night and day going to the head of the lakes for three and one-half months, and in addition to that the oats and barley would supply this stream for another four months."

"The value of the grain crop alone grown in the three prairie provinces would be sufficient to build any of our great transcontinental railroads and all their equipment, everything connected with them, from ocean to ocean."

"Now, if we are able to do this with only ten per cent. of our arable land under cultivation what will our possibilities be when 258,000,000 of acres of the best land that the sun shines on is brought under the plow? Do you not see the portent of a great, vigorous, populous nation living under those sunny skies north of the 49th parallel? And if with our present development we are able to do as we are doing now, to purchase a million dollars' worth of goods from you every day of the year, what will our trade be worth when we have fully developed the country?"

"Now, who shall assist us to develop this great empire that is there? Shall it be the alien races of southern Europe or shall it be men of our own blood and language? In the last three fiscal years no less than 358,000 American farmers have come into Western Canada, bringing with them goods and cash to the value of \$350,000,000. And I want to say here that no man who sets foot on our shores is more entirely and heartily welcome than the agriculturist from the south."

"So long as these conditions remain I consider that this is the best guarantee that the sword will never again be drawn in anger between the two great branches of the Anglo-Saxon race. The grain crops of Western Canada in 1913 have well upheld the reputation that country has for abundant yields of all small grains.—Advertisement."

## Curiosity.

Maud—Why didn't you protect yourself when Jack kissed you?  
Betty—Why, at first I was speechless, and then I thought I would show how many times the impudent fellow would dare to do it.

## IS EPILEPSY CONQUERED?

New Jersey Physician Said to Have Many Cures to His Credit. Red Bank, N. J. (Special)—Advices from every direction fully confirm previous reports that the remarkable treatment for epilepsy being administered by Dr. Perkins of this city, is achieving wonderful results. Old and stubborn cases have been greatly benefited and many patients claim to have been entirely cured.

Persons suffering from epilepsy should write at once to Dr. H. W. Perkins, Branch 49, Red Bank, N. J., for a supply of the remedy which is being distributed gratuitously.—Adv.

## Precocious Child.

"Mamma, why did you marry papa?"  
"So you've begun to wonder too!"—Louisville Courier-Journal.

The less a man knows the more advice he distributes.

**WRIGLEY'S SPEARMINT**

soothes your throat!

After smoking it cools your mouth—makes it moist and refreshed.

Heartburn and flatulence disappear.

Enjoy smoking more by enjoying this goody that improves your breath, teeth, appetite, and digestion.

**Be SURE it's WRIGLEY'S**

**WRIGLEY'S SPEARMINT PEPSIN GUM**

THE FLAVOR LASTS

**CAUTION!**

Dishonest persons are wrapping rank imitations to look like the **clean, pure, healthful WRIGLEY'S**. These will be offered principally by street fakirs, peddlers and candy departments of some 5 and 10 cent stores. Refuse them! Be SURE it's WRIGLEY'S.

**BUY IT BY THE BOX**

of most dealers—for 85 cents.

Each box contains twenty 5 cent packages.

**Chew it after every meal**

## Individual Clock.

A gentleman in a club in Grand Rapids, Mich., formed the hopeless and harmless habit of taking too much to drink—alcoholically speaking—before he went home every evening, says the Popular Magazine.

"How does he know what time to go home?" asked a stranger in the club one night.

"It's this way," exclaimed a member. "He goes to the head of that long flight of stairs leading to the street. If he falls down them, he knows it's time to go home."

## A GRATEFUL OLD MAN.

Mr. W. D. Smith, Ethel, Ky., writes: "I have been using Dodd's Kidney Pills for ten or twelve years and they have done me a great deal of good. I do not think I would be alive today if it were not for Dodd's Kidney Pills. I strained my back about forty years ago, which left it very weak. I was troubled with inflammation of the bladder. Dodd's Kidney Pills cured me of that and the Kidney Trouble. I take Dodd's Kidney Pills now to keep from having backache. I am 77 years old and a farmer. You are at liberty to publish this testimonial, and you may use my picture in connection with it." Correspond with Mr. Smith about this wonderful remedy.



Dodd's Kidney Pills, 50c. per box at your dealer or Dodd's Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.

Sooner or later a man's illusions develop into experience.

## Evolution of Billiards.

The development of the billiard table has been interesting. In those far back days when billiards seem first to have become an indoor game, a billiard table was about the size of a big room. The average table was 30 feet long and 18 feet wide. The size was gradually and irregularly decreased, until the present standard carom table was introduced at a billiard tournament held in Samson hall, Philadelphia, in 1861.

## Odd Expressions.

"There is one thing which I cannot understand."  
"What is that?"  
"Why high-colored versions of the truth are called white lies."

Red Cross Ball Blue gives double value for your money, goes twice as far as any other. Don't put your money into any other. Adv.

## Best Laxative For Women

Ladies, give little chocolate coated HOT SPRINGS LIVER BUTTONS a chance to drive out constipation forever. They never fail. They are so wonderfully good, safe and gentle that the famous physicians in Hot Springs, Ark., prescribe them regularly.

They speedily put the liver, stomach and bowels in the finest of condition, drive out the decomposed matter, and purify the blood.

Thousands upon thousands use them for headache, nervousness, lack of appetite, and that lack of ambition feeling. They are great for clearing the complexion of pimples and blotches. All druggists sell HOT SPRINGS LIVER BUTTONS on money back if not satisfied plan for 25 cents. For free sample write Hot Springs Chemical Co., Hot Springs, Ark.

**1913 RECORD**

**Magnificent Crops in all Western Canada**

All parts of the Provinces of Manitoba, Saskatchewan and Alberta, have produced wonderful yields of Wheat, Oats, Barley and Flax. Wheat graded from Contract to No. 1 Hard, weighed heavy and yielded from 20 to 45 bushels per acre; 22 bushels was about the total average. Mixed Farming may be considered fully as profitable an industry as grain raising. Good schools, markets convenient, climate excellent. For the homesteader, the man who wishes to farm extensively, or the investor, Canada offers the biggest opportunity of any place on the continent.

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**THE BEST STOCK SADDLES** on earth at reasonable prices, write for free illustrated catalogue.

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**CANCER**

about the cause of Cancer, also tells what to do for pain, bleeding, odor, etc. Write for it today, mentioning this paper.

**READERS** of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitution or imitation.

**Money to Loan**—I want representatives every county to make farm and building loans. \$5,000 up to \$50,000. Write to W. N. U., Oklahoma City, No. 2-1914.

# You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR DRESSING. PRICE, \$1.00, retail.